



COLLEGE CONNECT CHRONICLE

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What's Inside

A MESSAGE FROM
MELISSA

PROGRAM
UPDATES

STUDENT
SPOTLIGHT

TEAM
SPOTLIGHT

TIPS TO STUDY FOR
FINALS

COLLEGE CONNECT
FAVORITE MOVIE

APRIL SNAPSHOT

COLLEGE CONNECT
CORNER

ANNOUNCEMENTS

A MESSAGE FROM MELISSA

Hello College Connect students!

I hope you are all having a great May so far. For some of you it might be midterm season and for others it might already be finals season. Regardless, I hope you are all taking care of yourselves and utilizing your resources! Our schedules can get busier during this time and a little more stressful, so it's important to make sure we are finding good ways to destress. May is also mental health awareness month and destressing is a way to take care of our mental health. There are also resources available for support during stressful times. For instance, there are counseling centers on campus. Just know that it is okay to ask for help during difficult times! Take care everyone!



Best Regards,
Melissa

IMPORTANT DATES

FRIDAY OUTINGS:

College Connect: End of Spring Star Wars BBQ

Dalton Park in Azusa

Friday, May 26th • 12:00 pm - 3:00 pm



STUDENT SPOTLIGHT



Arman



College Connect Chronicle is excited to highlight our May student spotlight, Arman! Arman's interests include astronomy and paleontology. He enjoys spending his free time going on walks. College Connect is proud to highlight Arman's continuous academic and personal growth! 🌟

WHAT DOES COLLEGE CONNECT MEAN TO YOU?

College Connect means to me receiving the support in understanding academic and personal concepts.

WHAT ARE YOUR HOBBIES?

My hobbies include researching about space and anything futuristic.

FUN FACT ABOUT YOURSELF:

I really like animals, especially prehistoric ones!

TEAM SPOTLIGHT



Monique Chagolla

ABOUT ME:

My name is Monique and I am a part-time student at Citrus College and employee with College Connect. I have recently completed my associates degree in Sociology from Citrus College, and also hold an associates degree in Psychology from Citrus College. After receiving my AA in psychology, I transferred to California State University Fullerton where I earned my bachelor's degree in Psychology. I am working on pursuing my master's degree in counseling so that I can work towards becoming a school counselor for high school or college-aged students.

WHAT HAS BEEN YOUR PROUDEST/FAVORITE MOMENT AT COLLEGE CONNECT SO FAR?

My proudest moment would be a student opening up to me and showing me the new magic tricks he's learned.

6 ways to study for finals!



Avoid the urge to procrastinate



Get plenty of sleep



Create a study-oriented space



Create a study music playlist



Get involved with a study group

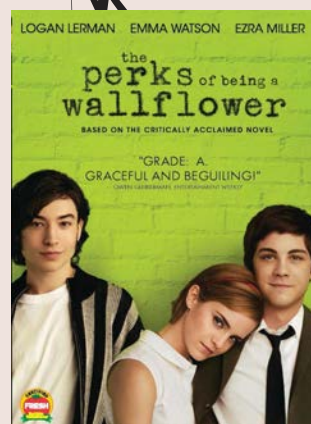
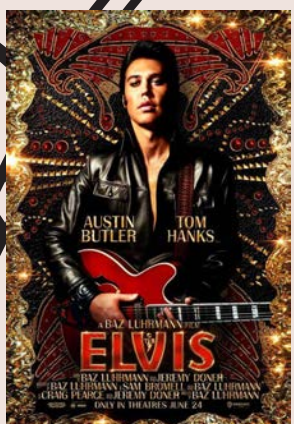
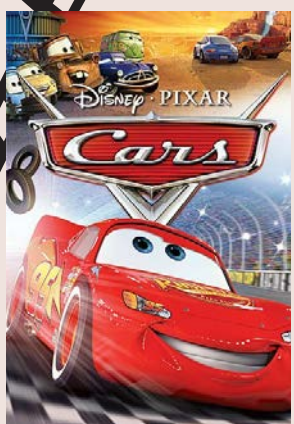


Don't be afraid to ask for help

Your college or university offers a tutoring/learning center. For more info, please contact your facilitator!

CINEMA

FAVORITE MOVIES BY:
COLLEGE CONNECT
STAFF



[APRIL SNAPSHOT]

April was an eventful month for College Connect students! As we end Spring semester, we are excited to kick off Summer!

We encourage all students to attend College Connect outings! For our first Friday outing, we began with a Super Smash Brothers competition. Students had the opportunity to battle and three lucky winners took home gift cards! At the end of the month, we went to the movie theater in Azusa and watched the much anticipated Super Mario Brothers movie! We powered-up throughout the month and made some amazing memories.



COLLEGE CONNECT CORNER

How To Plant A Flower

1

BUY A FLOWER POT



2

PUT SOIL IN THE FLOWER POT



3

PUT SEEDS IN THE FLOWER POT WITH THE SOIL



4

WATER THE SEEDS



5

PUT THE FLOWERPOT IN THE SUNLIGHT



6

WATCH YOUR FLOWER BLOOM



ANNOUNCEMENTS

College Connect Anniversary Issue!

College Connect want to know what your favorite summer tunes are! Please submit to oa@collegeconnectsupport.com or to your student facilitator.

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i COLLEGE CONNECT INFORMATION

[College Connect Brochure](#)

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STAY IN THE LOOP!

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